

College Counseling by Grade

IHA's Office of College Counseling believes that a team approach works best when navigating the college admissions process. It is essential for students, parents, and counselors to work together to ensure a smooth process for everyone. Listed below are some of the expectations for students, parents, and college counselors, listed by grade level. We hope these tables will significantly help to make the sometimes-daunting process much clearer. Since we believe in working as a team, communication is also essential. If any questions arise at any time, we invite students and/or their parents to reach out to us as soon as possible.

Freshman Year

The Students will...	The Parents will...	IHA College Counselors will...
Meet with College Counselors during various study periods.	Discuss summer plans with your daughter to ensure meaningful summer opportunities.	Introduce and provide each student with a Scoir account. We use this program for everything related to college and careers.
Begin to develop a resume.	Attend IHA's freshman/sophomore parent night.	Educate students on the calculation of grades/GPAs and their importance in the college process.
Get involved in clubs/activities.	Discuss your expectations with their daughter for homework, grades, social time, screen time, etc.	Expose students to a variety of college options.
Maintain good grades.		Introduce freshmen to the components of a college application.
Explore strengths and interests through Scoir resources.		Assist students with course selection.

Sophomore Year

The Students will...	The Parents will...	IHA College Counselors will...
Meet with the College Counselors during various study period meetings.	Discuss summer plans with your daughter to ensure meaningful summer opportunities.	Provide students with a timeline for sophomore year and how to begin preparing for the college process.
Take the PSAT in October.	Attend IHA's freshman/sophomore parent night.	Continue to educate the girls within the Scoir program, and begin to use the college and career search features.
Evaluate their involvement in/out of school to be sure they have quality activities.	Attend IHA's Financial Aid information meeting.	Continue to expose the girls to a variety of college options.
Continue to build their resume.	Attend the IHA College Fair with your daughter in the spring to begin exploring options.	Expose girls to a variety of career options using the Scoir Career Interest Profiler.
Learn how to use the College Board website and create an account for testing purposes.	Discuss the results of your daughter's Career Interest Profiler done through Scoir.	Assist students with course selection.
Attend the IHA College Fair.	Begin to visit college campuses during the summer after sophomore year.	
Investigate potential career options through the Scoir Career Interest Profiler.		

Junior Year

The Students will...	The Parents will...	IHA College Counselors will...
Meet with College Counselors during various study periods and lunch periods for meetings.	Attend a one-on-one college planning meeting with your daughter and her College Counselor.	Help students develop a standardized test plan.
Meet with College Counselors in a one-on-one meeting with your parents.	Attend the Junior College Kick-Off Meeting.	Help students develop a list of potential colleges that include safer options, target schools, and reach schools.
Attend the Junior College Kick-Off Meeting.	Attend IHA's Financial Aid information meeting.	Conduct a one-on-one college meeting with the student and parent(s).
Take the PSAT, SAT, and ACT.	Discuss your limitations on the college search; how far they can go, how much you can afford to pay, etc.	Host IHA's College Fair.
Attend the IHA College Fair and prepare before attending.	Attend the IHA College Fair.	Host a College Admissions Panel evening event.
Begin to develop a list of schools using the Scoir search features.	Discuss potential colleges that are a "good fit" for your daughter.	Help students continue to navigate Scoir for the college search.
Finalize your resumes.	Sign a release of records for IHA to send college documents to colleges.	Assist students with course selection.
Attend IHA's College Essay Writing Workshop.	Visit college campuses to assist your daughter in narrowing down choices and finding the right fit.	Issue parent accounts for Scoir.
Ask teachers to write a college recommendation for you.	Assist your daughter in selecting realistic college choices.	Invite colleges to meet with students at IHA.
Visit college campuses during the year, especially during school breaks.	Complete a Parent Brag Sheet for your daughter's Guidance Counselor.	Educate students on the teacher recommendation process, college admissions process, protocol for visiting schools, essay writing, etc.
Meet college representatives when they visit IHA during the school day.	Research test prep courses or tutors if needed for the SAT and/or ACT.	Host an Essay Writing Workshop in the Spring.
Complete an autobiography and resume for your Guidance Counselor.		

Senior Year

The Students will...	The Parents will...	IHA College Counselors will...
Attend a College Application Workshop in the summer.	Attend IHA's Senior College Meeting.	Provide a college application workshop in August.
Attend a 1 on 1 senior college meeting with your College Counselor.	Attend IHA's Financial Aid information meeting.	Be available to meet with seniors and parents for guidance through the application process.
Finalize your college application list by early October.	Complete the CSS Profile and FAFSA forms for Financial Aid.	Assist students in completing college applications.
Meet with college representatives that visit IHA during the day.	Support students in visiting colleges.	Submit all documentation to colleges by the appropriate deadlines.
Take final SAT/ACT, if needed.	Help students in following up with colleges to ensure they have received their information/application.	Follow up with colleges as needed for students.
Visit colleges.	Help support students in narrowing down their college choices after all decisions are received.	Advocate for students with the college representatives.
Complete college applications ahead of their deadlines.	Assist students in applying for outside scholarships.	Assist students in narrowing down their choices after they have received all college decisions.
Send SAT/ACT test scores to colleges.		Provide guidance to students in deferral and wait list situations.
Maintain/improve grades. Senior grades count!		
Notify the College Counseling Office of all admissions decisions as they are received.		
Make one deposit at one school by May 1 to the school you intend to enroll at in the fall.		